

Sponsored by Fort HealthCare Wellness at Work a service of Fort HealthCare Business Health.

Please join us and other local corporations on Wednesday, July 8 in the Fort Memorial Hospital Auditorium from 9:00 a.m.—11:00 a.m. to discuss corporate wellness initiatives.

Presentation and discussion topic:

"Wellness on a Shoestring Budget"

Other meeting agenda topics to be discussed:

- Corporate Tobacco Cessation: Strategic planning and implementing
- Review of corporate Wellness Challenges with handouts
- Introduction to Fort HealthCare Corporate Service
  Brochure

Please RSVP to Sharon Rateike, Corporate Wellness Program Coordinator by July 7, 2009, via email at sharon.rateike@forthc.com